



# MARCH | 2024

## RULH Elementary ALL YEAR Breakfast Menu

### MONDAY

26

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

4

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

11

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

18

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

25

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

### TUESDAY

27

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

5

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

12

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

19

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

26

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

### WEDNESDAY

28

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

6

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

13

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

20

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

27

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

### THURSDAY

29

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

7

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

14

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

21

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

28

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

### FRIDAY

1

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

8

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

15

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

22

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

29

Whole Grain Donuts, Cereal,  
Muffins, Bagels & Cream  
Cheese, Mini Pancakes,  
Pancake Stick Fruit or Juice,  
Milk

### News

**1<sup>st</sup> Breakfast Free**

2<sup>nd</sup> Breakfast \$1.85

Milk \$.60

Milk Choices: FF  
Chocolate, 1% White

FYI: Please fill out a  
new application for the  
lunch program each  
year. Last year's  
application will carry  
over for the first two  
weeks. You can apply  
online at  
[www.LINQconnect.com](http://www.LINQconnect.com).